

**BEESON COSMETIC SURGERY**  
**SKIN CARE INSTRUCTIONS FOLLOWING LASER TREATMENT**

**PRECAUTIONS**

1. Do not rub, scratch or put pressure on the laser treated areas until the blue-gray discoloration has disappeared. Your laser treated skin is very delicate for ten to fourteen days following treatment.
2. Do not apply make-up to the treated areas for two weeks.
3. Please call Dr. Beeson immediately if there is any suggestion of infection such as redness, tenderness or purulent drainage.

Do not use aspirin or aspirin-containing medicines or alcohol for at least two weeks following laser treatment.

Keep all areas previously treated or scheduled for future laser treatments protected by sunscreens at all times. Tanning, either from the natural sunlight or tanning booths, can interfere with laser treatment.

4. There should be no swimming for two weeks after a laser treatment.
5. If your neck is treated, do not wear a turtle neck or tight-fitting clothing around the neck for two weeks. Jewelry should not be worn for two weeks.

**CARE OF LASER TREATED AREA**

1. Gently apply Bacitracin ointment to the laser treated areas twice daily with a Q-tip for ten days.
2. Laser treated areas can be protected with a Band-Aid gauze, or telfa dressing, if desired for the first ten days. This is strongly recommended for children in areas likely to be rubbed or scratched, such as the side of the face, or in individuals who are working in dusty or contaminated areas.
3. You may take a shower, but gently pat the area dry. Do not rub with a towel or washcloth, as the skin is tender for the first two weeks following treatment.
4. Do not pick or try to physically remove scabs or crusts. This can result in injury and subsequent scar formation.
5. When areas around the eye or lip have been treated, please apply an ice pack gently upon the bandage covering the laser treated site for twenty minutes each hour for the first 4-8 hours following treatment. This will significantly reduce swelling in the area.

If you have any questions or concerns, please contact Dr. Beeson at 317-846-0846 (Office) or 317-574-9871 (Home).

Remember, after the blue-gray discoloration disappears there may be some redness that lasts another five or six days.

Then your laser treated area will not appear to have improved. It takes an additional 6-8 weeks for the skin to return to a more normal appearance. This is the reason it is important for you to return in 6-8 weeks in order that we may assess the improvement that has been achieved and determine if further treatments are needed at that particular site or other untreated sites.

NEXT SCHEDULED APPOINTMENT: \_\_\_\_\_  
Day Date Time