

Beeson Cosmetic Surgery
3660 Guion Road, Suite 320
Indianapolis, IN 46222
(317) 846-0846

PREOPERATIVE INSTRUCTION SHEET FOR OUTPATIENT SURGERY

Your surgery will be performed as an outpatient at our surgery center.

You have been asked to have lab work done prior to your surgery. If this should be necessary in your case please have the test done **within** two weeks **prior** to your surgery date.

In order to help diminish the amount of swelling and discoloration following surgery, we request that you purchase several items at your drug store and take them as follows:

Centrum (to be taken once daily)

Vitamin C (1000 milligrams – to be taken once daily)

Please start these medications approximately two week prior to your surgery date. You might receive some additional prescriptions when you schedule your surgery, if so you need to have them filled and begin taking them as prescribed.

DO NOT take Vitamin E, Aspirin (acetylsalicylic acid) or products containing aspirin (Bufferin, Anacin, Empirin, Stanback, Excedrin, Fiorinal, Darvon Compound, APC, Ibuprofen, etc.) during the week before or after your operation; we will be happy to prescribe a pain remedy not containing Aspirin if you need one. (Tylenol or Percogesic may be purchased at the drug store without a prescription).

Please contact us immediately for instructions if you develop a cold, sore throat, fever blisters, any skin eruption of the face the week before proposed surgery. None of these necessarily that you surgery would have to be cancelled but we may wish to give you some additional information.

Wash your hair thoroughly the night before your surgery; do not reapply hair spray. Patients being admitted for face lifts should wash their hair the morning of surgery. Men should shave closely the day of surgery, particularly in the upper lip area.

DO NOT eat or drink anything after midnight before your surgery, unless otherwise instructed.

You should have someone drive you to our office the morning of surgery and arrange for someone to pick you up and plan to stay with you the night of surgery. You may take a cab to the office the morning of surgery but it still will be necessary to have someone with you the night of your surgery. If you have no one to stay with you, we will be happy to help arrange a sitter for you. It is **imperative** that you not be alone following surgery.

On the day of surgery before coming to the office, please remove make-up, false eyelashes, wigs, hairpieces, contact lenses, and jewelry. We prefer you leave these items at home. Plan to wear something that buttons up the front, rather than clothing that pulls over your head.

You may bring a scarf, sunglasses, or other articles to cover your dressings when leaving the office.

It is best not to have a permanent within 7 days prior to and 6 weeks after surgery.

Also...please contact us **immediately** if you should need to postpone your surgery so that we may have the opportunity to fill the vacancy in our surgery schedule.

Please keep these suggestions and bring them with you the morning of surgery. Write down any questions you have on this sheet so that our staff can answer them for you.

Be assured that we will do everything in our power to make your surgical experience as convenient and comfortable as possible.

Thank you for your confidence in us.

William H. Beeson, M.D.