

**Beeson Cosmetic Surgery**  
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(317) 846-0846

**Tri-luma**

(Brand Name)

**Generic Name:** fluocinolone acetonide 0.01% + hydroquinone 4% + tretinoin 0.05%

**Purpose:** Tri-luma is a combination of 3 medications (steroid, skin bleaching cream, and a form of vitamin A), which is used to treat melasma (dark skin patches) of the skin. It should not be used in women who are pregnant, trying to become pregnant, or breast-feeding. If used for longer periods of time (greater than 2–3 months) it can be associated with darkening of the skin and increased skin irritation.

**Usage:** Tri-luma is usually applied at bedtime 30 minutes before going to sleep. It is applied directly to the areas of increased pigmentation and gently rubbed into the skin. We recommend using Tri-luma for no more than 4–6 weeks at one time and then discontinuing for at least 90 days before reusing.

**Possible Side Effects:** Common side effects include mild burning, stinging, redness, dryness, tingling, itching, swelling, slight skin peeling and rash. It should not be used during pregnancy or if breast-feeding. Using for prolonged periods of time can actually cause stimulation of pigmentation and skin irritation. If you have any concerns while you are on this medication or any other concerns about any of the side effects listed above, please contact Dr. Beeson. If you experience other effects not listed above, contact Dr. Beeson.