

**Beeson Cosmetic Surgery**  
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**Propecia**  
(Brand Name)

**Generic Name:** Finasteride 1 mg or 5mg

**Purpose:** . Finasteride is a 5-alpha reductase inhibitor medication initially used to treat benign prostatic hypertrophy in men. It has been found to help stimulate hair growth and to decrease hair loss. When used in combination with topical Rogaine, the effects in many individuals a synergistic, with results that are achieved being much greater than would be achieved by being on either medication separately. Finasteride is an oral medication that is taken once a day. It takes approximately 3 months before results can be seen. Treatment withdrawal leads to reversal within 12 months. Finasteride can falsely lower the PSA blood test (test commonly used to screen for prostate cancer in men), so prostate exam by a urologist or primary care physician is recommended before starting.

**Usage:** One milligram orally once a day

**Possible Side Effects:**

Finasteride can be associated with impotence, decreased libido, sexual dysfunction, gynecomastia, orthostatic hypotension, abnormal ejaculation, male infertility, breast cancer, prostate cancer (high-grade), and angioedema. Women of childbearing age should not touch or handle finasteride tablets, as it can result in birth defects.

If you have any concerns while you are on the medication or any other concerns about any of the side effects listed above, please contact Dr. Beeson. If you experience other effects not listed above, contact Dr. Beeson