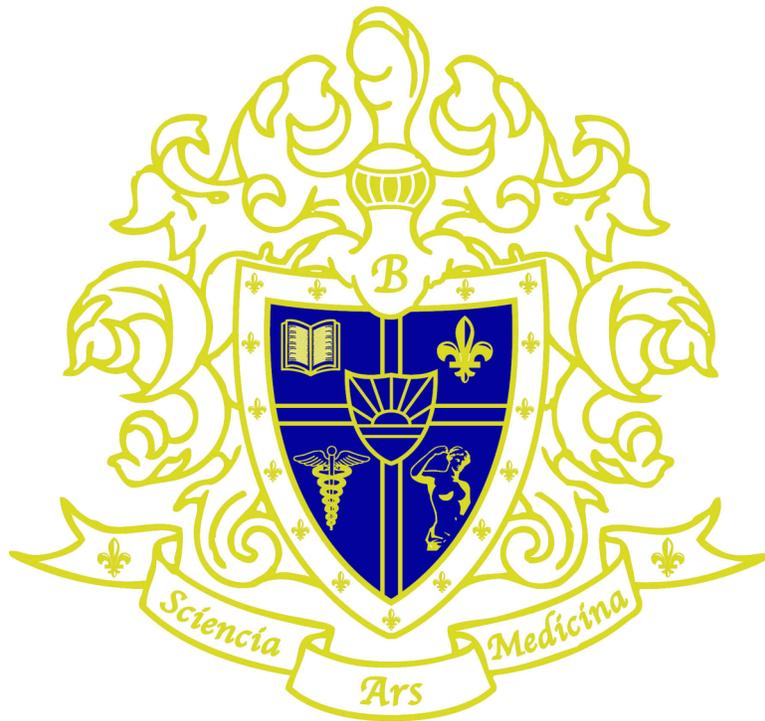


# **How To Use Make Up To Cover Up a Bruise**



**Beeson Cosmetic Surgery**

# How to Cover Up a Bruise

## **Using Make up to cover a facial bruise.**

**Use moisturizer.** When you apply lotion before applying foundation to your face, with swelling the skin is sometimes dry, the foundation may not stay put as well unless you give it approximately 10 minutes to absorb. Therefore, it is best to skip the lotion or to at least avoid applying lotion to the area that is bruised, unless you have the extra time.

If your skin is very dry, then apply a light layer of a lightweight lotion before using the foundation and wait 10 minutes before applying foundation.

**Use Concealer First.** To ensure good coverage of a bruise, start by applying a layer of concealer. Choose a concealer that is lighter than your natural skin tone and dab enough concealer onto the bruise to cover it entirely. Pat the concealer onto the bruise using a fingertip or makeup sponge. Then, blend it in well using your fingertips or the sponge.

You can also look for a concealer that has a yellow base to help offset the bluish color of the bruise.

If your bruise has other color tones, then a different type of concealer may work better. For example, you can use a green based concealer for red bruises, white based concealer for brown bruises, and lavender based for yellow bruises.[1]

**Apply a Layer of Foundation.** After you have covered the bruise with a layer of concealer, follow it up with a layer of foundation. This will help to even out the tone and provide more coverage. Use your fingertips or a makeup sponge to pat on the foundation. You do not wish to mix the 2 colors, the cover up and the foundation; pat the foundation over the concealer.

Apply the foundation over your whole face for best results. Do not just apply it to one cheek or one side of your face or there will be a noticeable difference in the color.

**Dust on Some Translucent Powder.** To provide another layer of coverage, use a fluffy brush to dust translucent powder over the concealer and foundation. This will also help to keep the makeup in place longer than a pressed foundation.

Apply the powder over your whole face as well. This will help to ensure that you have a uniform look.

You may need to reapply the powder throughout the day. Try taking the powder with you and check the makeup once every few hours.

CONCEALER	COMPLAINT	color CORRECTING	
BABY PINK	DULLNESS		<i>green</i> CANCELS REDNESS
BUTTERCREAM	PURPLE		<i>purple</i> CANCELS YELLOW
MINT	REDNESS		<i>pink</i> CANCELS BROWN
PEACH	BLUENESS		<i>orange</i> CANCELS BLUE
LILAC	SALLOW		<i>peach</i> CANCELS BLUE
			<i>yellow</i> CANCELS REDNESS

**Purple** - brightens a dull sallow complexion, treat hypo-pigmented acne scars

**Orange** - covers blue under eye circles, works best in deeper skin tones

**Yellow** - neutralizes dreary skin & under eye circle in lighter skin tones

**Pink** - enhances drab complexions on fair to medium skin undertones treat exhaustion

**Carmel** - warms up ashy under tones

**Green** - hides any redness on skin tones